



Holiday Activity Programme

Dear Parent,

Confirmation of activity booking with Ashton Park Sports Centre

Thank you for booking your child onto:

Escape Zone

Please find below details and requirements for the session:

The session will take place at Ashton Park Sports Centre (please note that if the weather is nice the children maybe taken outside). Drop off and collection for this activity will also be at **Ashton Park Sports Centre**.

Our Escape Zone is a day full of multi-sports for ages ranging from 4-14 years. The Escape Zone Standard Day runs from 9:00am - 4:00pm. We also have an Extended Day option available allowing parents to collect at 5pm rather than 4pm as well as an option to drop off between 8am-9am for an additional cost. We also have a Full Day option where parents have the opportunity to drop off between 8-9am and collect at 5pm.

The emphasis is on the children having as much fun as possible whilst interacting and mixing with other children of different ages and abilities. The qualified coaches leading the day will keep the sports and games as varied as possible and suitable for all age groups. Some of our popular games include; Jailbreak, Dodgeball, Tag Games, Seaweed, Parachute games and many more.

Suitable trainers and clothes are required for a day full of activity. A re-fillable water bottle is needed and a packed lunch is required. We also ask that you pack an extra **healthy** snack for your child as we stop mid-way through the morning for a healthy snack break. If the weather is warm the children may be taken outside for a part of the day, therefore sun cream applied in the morning or brought along (for your child to apply) is recommended.

Please note that these sessions are subject to a required minimum number of participants. Booking must be done before 4pm the day before an activity.

If you have any further questions please contact the Sports Centre on the number below.

Regards,

Ashton Park Sports Centre