



Holiday Activity Programme

Dear Parent,

Confirmation of activity booking with Ashton Park Sports Centre

Thank you for booking your child onto:

Escape Zone

Please find below details and requirements for the session:

The session will take place at Ashton Park Sports Centre (please note that if the weather is nice the children maybe taken outside). Drop off and collection for this activity will also be at **Ashton Park Sports Centre**, via Ashton Park School's main gates.

Our Standard Day runs from 9:00am - 4:00pm. Extended Day runs from 9.00am – 5.00pm, and Full Day from 8.00am – 5.00pm. We also have early drop off (8.00am, and late pick up 5.00pm extra's available).

Our Escape Zone is a day full of multi-sports for ages ranging from 4-14 years. The emphasis is on the children having as much fun as possible whilst interacting and mixing with other children of different ages and abilities. The qualified coaches leading the day will keep the sports and games as varied as possible and suitable for all age groups. Some of our popular games include; Jailbreak, Dodgeball, Tag Games, Bench Ball, Crash Mat Races and many more.

Suitable trainers and clothes are required for a day full of activity.

A water bottle and packed lunch are needed. We also ask that you pack a **healthy** snack for your child as we stop mid-way through the morning for a healthy snack break.

If the weather is dry we take the children outside for a part of the day, therefore sun cream applied in the morning or brought along (for your child to apply) is recommended.

Please note that these sessions are subject to a required minimum number of participants. Booking must be done before 4pm the day before an activity.

If you have any further questions please contact the Sports Centre on the number below.

Regards,

Ashton Park Sports Centre

Ashton Park Sports Centre
Blackmoors Lane
Bower Ashton
Bristol
BS3 2JL

t: 0117 3773300
e: enquiries@ashtonparksports.com
w: www.ashtonparksports.com

Working in partnership.

