

Holiday Activities February 2025

Ashton Park Sports Centre Holiday Activity
Programme for children aged 4-14



Monday 17th - Friday 21st February

All bookings MUST be made online via: <https://ashtonparksports.schoolactivity.co.uk/>
Childcare Voucher Payments are accepted. Please enquire via email:
enquiries@ashtonparksports.com



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Standard Day: 9:00am - 4:00pm ED*: 9:00am - 5:00pm (8am drop off available as an extra £4) Full Day - 8am-5pm

Holiday Activities

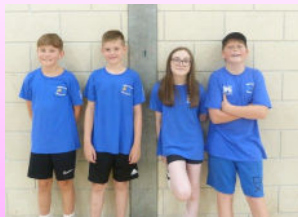
February 2025

Activity	Time & Price	Age
Monday 17th February		
Escape Zone	Standard Day (£20) - ED (£24) - Full Day (£26)	4-14
Caving + EZ 	9.00am-16.00pm (£30)	8-14
Tuesday 18th February		
Escape Zone	Standard Day (£20) - ED (£24) - Full Day (£26)	4-14
Archery + EZ 	9.00am-16.00pm (£30)	8-14
Wednesday 19th February		
Escape Zone	Standard Day (£20) - ED (£24) - Full Day (£26)	4-14
Stream Walking + EZ 	9.00am-16.00pm (£30)	8-14
Thursday 20th February		
Escape Zone	Standard Day (£20) - ED (£24) - Full Day (£26)	4-14
Friday 21st February		
Escape Zone	Standard Day (£20) - ED (£24) - Full Day (£26)	4-14

For more information on our activities please turn to the next page.



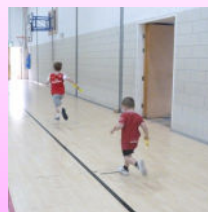
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Important Information

Escape Zone (Including party/Inflatable Days):

Our OFSTED regulated multi-sports Escape Zone, is available for 4-14 year olds. The children will take part in a mixture of different sports and games that can include Dodgeball, Tag games, Benchball, Tails, Jailbreak, Crash mat races, Football, Parachute Games and much more.

Depending on the age, and amount of children booked in, they may be split into groups for different activities. Each day is different with the majority of the games being played indoors, but depending on the weather they may go outdoors.

The emphasis is on children having lots of fun throughout the day, interacting and mixing with other children of different ages and abilities.

Children will need to bring a packed lunch that includes a healthy snack for break time and a refillable water bottle. Please note that all food must NOT contain traces of nuts.

Cancellation with a refund for Escape Zone is a minimum of 48 hours notice, cancellations on the mornings will not be given a refund or change of day.

Timings:

- Standard Day - 9:00am - 4:00pm
- Extended Day - 9:00am - 5:00pm
- Full Day - 8:00am - 5:00pm

Young Bristol Activities:

All sessions take place off site, drop off and collection will be at Ashton Park Sports Centre. Once dropped off and registered in, a Young Bristol Instructor will arrive to transport the children to the site and then drop back to the sports centre at the end.

All activities are for half of the day, either AM (9am-12:00pm) or PM (1pm-4pm), with the other half of the day taking part in our Escape Zone (Multi-sport activities). Suitable clothing for both will be required.

Please ensure your child is dropped off at the Sports Centre by 9am, morning session activities will leave site by 9:15am at the latest. There is a chance that PM sessions return slightly later than 4pm due to traffic.

Once bookings have been made you will receive a confirmation letter with extra information specific to the activity you have booked, and we will need a statement of risk returned before the session.

Little Kickers:

Little Kickers will be based at Ashton Park Sports Centre. Children will be signed in by Sports Centre staff before being passed onto Little Kickers coaches. Sessions will be 9:00am - 12:30pm with the other half of the day taking part in our Escape Zone. A packed lunch that includes a healthy snack and refillable water bottle is required.

Weather dependant sessions will be outdoors on the 3G pitch or grass pitch. Children will need both football boots (NO metal studs) and suitable trainers to play football indoors in the event of bad weather.

Holiday Activities

Caving AM + EZ PM

On the following date;
Monday 17th February - 9.00am-16.00pm
£30.00 per child

*Early Drop off (**8-9am**) and Extended Day (**4-5pm**) available for £4 each.

Our caving activity is a true adventure, developing teamwork and understanding through the geology of the area. Some caves are 30feet deep, and for those brave enough there are more advanced caves in the Mendips.

Bookings MUST be made online via;

<https://ashtonparksports.schoolactivity.co.uk/>

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Young Bristol
Works for young people



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Holiday Activities

Archery AM + EZ PM

On the following dates:

Tuesday 18th February - 9.00am-16.00pm

£30.00 per child

*Early Drop off (**8-9am**) and Extended Day (**4-5pm**) available for £4 each.

Archery is an activity that will test your dexterity and patience. You will shoot your arrows at a target 10 metres away and see your skills improve very quickly. Before you know it, you'll be going for Gold!

Please note that this will take place offsite, children will be collected and dropped back to Ashton Park Sports Centre.

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Holiday Activities

Streamwalking AM + EZ PM

On the following date;

Wednesday 19th February - 9.00am-16.00pm

£30.00 per child

*Early Drop off (**8-9am**) and Extended Day (**4-5pm**) available for £4 each.

Explore the hillside streams of the Mendips by navigating up narrow passages, hop from rock to rock, scramble up the water-filled valley and climb up rock faces with water rushing down above you.

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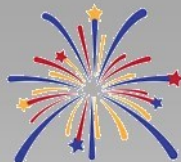
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Blackmoors Lane, Bower Ashton, Bristol, BS3 2JL



New Year New Gym Offer!

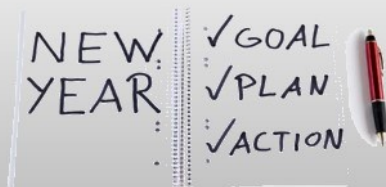


6 months for just £90!

Ready to join a gym but are worried about the busy January rush for big commercial gyms? Come and take a look at our community gym with everything you need to keep fit, including friendly staff who are on hand to welcome and support you during every visit. To sign up please come and see a member of staff at reception.

Offer ends January 31st 2025

*please note, 6 months will start upon sign up date



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Opening Times: **Monday to Friday: 8:30-10.00pm Sat & Sun: 9.00am – 5.00pm**

Blackmoors Lane, Bower Ashton, Bristol, BS3 2JL

t: 0117 3773300 e: enquiries@ashtonparksports.com w: www.ashtonparksports.com



SCAN ME
TO BOOK

After School Football Club Years 4, 5 & 6

Mondays at Ashton Park Sports Centre starting
24th February

4:00pm - 5:00pm

Term 4 £4 per session or £28 for the term

(6 weeks, 24th Feb, 3rd, 10th, 17th, 24th, 21st Mar)

Term 3 still available

(6 weeks, 6th, 13th, 20th, 27th Jan, 3rd, 10th Feb)



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Opening Times:

Monday to Friday: 8.30am-10pm

Sat & Sun: 9.00am-5.00pm

Mum & Baby Gym



**Pay as you go Gym sessions Mon - Fri
8.30am-2.30pm - £3.50 per session
Weekends 9am-4pm
Book in advance at
ashtonparksports.schoolactivity.co.uk/booking**

Mums are welcome to come along, with your baby and workout while your little one watches/sleeps (babies from 6 weeks – 12 months).

Special offer anytime membership £15 per month available to all Mum & Babies

Email: enquiries@ashtonparksports.com or Call: 0117 3773300



[Ashtonparksportscentre1](https://www.instagram.com/ashtonparksportscentre1)



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Facility Hire Price List

Area	Cost (per hour)
Indoor Sports Hall (full)	£40.00
Indoor Sports Hall (half)	£25.00
Badminton Court	£10.00
Dance Studio	£26.00
School Gym	£24.00
3G 5-A-Side Court	£36.00
Outdoor Netball Court	£25.00
Grass Training—Floodlights (Sept-Apr) - No Floodlights (May-Aug) Football, Rugby and Fitness training	£30.00 £26.50
Adult Football Pitch (inc. net)	£85.00
9V9 Pitch (inc. net)	£45.00
7v7 Pitch (inc. net)	£38.00
Main Hall Meetings, badminton, dance, Tai Chi, Karate	£30.00
Meeting / Class Rooms	£20.00

All bookings are made online:

<https://schoolhire.co.uk/bristol/ashtonparksports>



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Birthday Parties

Activity Birthday party packages available, let us deal with the games and the noise!

Parties available on:

Saturdays & Sundays

1.30pm - 3.30pm or 3.00pm - 5.00pm

£110 with a coach



Our birthday party packages include 1 hour activity in the sports hall, followed by 1 hour in our party room, where you can bring and set up the food, drink and party games.

We have 2 party choices available, you will have the first hour with a qualified coach leaving you to sit back and relax!

- **Football Party** - Warm up game, drills, finishing with a fun game.
- **Games Party** - a selection of games including; Chaos Tag, Tails, Seaweed, Crash Mat races, Relay Races and many more...
The choice is yours!

Parties are taken for 20 children, a 2nd coach is available for 20+ for an additional £40.

The party package can be booked without a coach, if you wish to take it yourselves (£80)

To book visit:

schoolhire.co.uk/bristol/ashtonparksports



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Junior Activities

DAY	TIME	ACTIVITY	PRICE
Wednesday	4.00 - 5.00pm	Junior Netball 6-8 yrs. Starting with ball and team building skills incorporating mini games. (Term time only)	£4.00
	5.00 - 6.00pm	Junior Netball 8-14 yrs. Learn Netball skills through training and games. (Term time only)	£4.00
	4.30pm -17.15pm	Bristol Russian Ballet 6 & 7 yrs Tel: 07887943577 or email info@bristolrussianballet.com	*
Saturday	9.00am -12.30pm	Little Kickers 1.5-8 yrs Tel: 07506346186 or email rbrightwell@littlekickers.co.uk	*
	10.30am -11.15am	Bristol Russian Ballet 4 & 5 yrs	*
	11.15am -12am	Bristol Russian Ballet 7 & 8 yrs	
	12pm -12.45am	Bristol Russian Ballet 6 & 7 yrs	
Sunday	9.00am -12.30pm	Little Kickers 1.5-8 yrs Tel: 07506346186 or email rbrightwell@littlekickers.co.uk	*
	9.00am -12.30pm	Rugby Tots 2-5 yrs Tel: 0345 3133250 or email rob@rugbytots.co.uk	*
	11.00am -12.00pm	LW Karate 6-16 yrs Tel: 07594320895 or email dpwilliams71@gmail.com	*

* Please contact the club direct for more information including prices as this activity is ran by an external group

Junior Activity Programme running during all school holidays. See our website or follow us on social media for more information



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