



# Holiday Activity Programme

Dear Parent,

## Confirmation of activity booking with Ashton Park Sports Centre

Thank you for booking your child onto:

### High Ropes

This session has been organised in partnership with Young Bristol. Please find below details and requirements for the session:

The session will take place at one of Young Bristol's designated activity centres/venues. Participants will climb their way through 'levels' before they get to the top of a 12 metre high Alter board and take the 'leap of faith'. The 'levels' will include balance beams and tightrope walks. The activity is done using climbing harnesses and belying the young people whilst on the activity... Don't look down!

Drop off and collection for this activity will be at **Ashton Park Sports Centre**. Once dropped off and registered at the Sports Centre, a Young Bristol instructor will arrive on a minibus to transport the children to the site. The children will then be brought back to the Sports Centre after the activity ready to be signed out and collected.

There is a strong possibility participants will get muddy, damp, and in some cases, wet. They may also damage clothes and footwear. **We recommend that they bring a complete change of clothes including footwear.**

Participants should bring the following to the session:

- Waterproof Jacket
- At least two top layers, t-shirt and a sweatshirt
- Old, loose fitting, tracksuit bottoms/leggings
- Wellington boots
- Walking boots

Please note that these sessions are subject to a required minimum number of participants. Booking must be done before 4pm the day before an activity.

If you have any further questions please contact the Sports Centre on the number below.

Regards,

Ashton Park Sports Centre